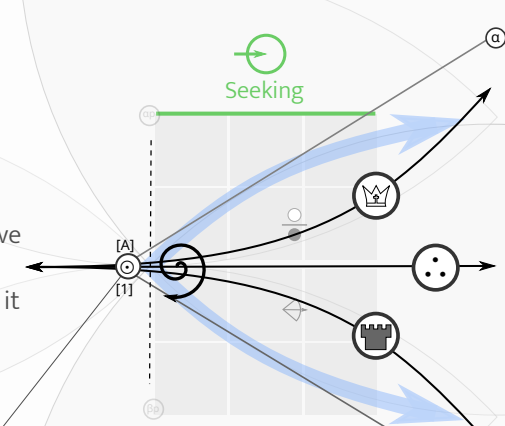
[3] FOUR SOILS

Cultivating Readiness for Growth

Rocky-Shallow Soil
shallow heart [too alpha]
Focused on the immediate and short-term win. Moves from strategy or trend to trend seeking the easy path but lacks substance to see growth through and/or has hidden obstacles to letting change penetrate deeply.

Road-Compacted Soil
traumatized heart [low prime]
Repeated trauma has created a defensive reflex in the person so they identify all change as risk or threat and preventing it from entering.



[C]
alpha **aspiration:** who I want to become.

Good-Open Soil
missional heart [synthesizing]
Open (lacking obstacles) to allowing change to take root and maintaining space for it to grow. Embodies the growth and change necessary to meet the situation while achieving a real and reproducing aspirational identity.

[-O-]
beta **situation:** the demands and inertia of my situation.

[-O]
prime **:seed identity** becoming a simple, identity-infused change that spreads good into the world around you.

Weedy-Entangled Soil
distracted heart [too beta]
Focuses on opportunities and challenges presented by the environment and therefore in line with the status quo. Replicates the existing system and jettisons change as irrelevant or a failure since it was drowned by distraction.